

NHPA II COVID-19 Safety Reminders & Protocols

NHPA II will be opening classes to a full capacity while continuing our online virtual viewing for Parents and Guardians. We will be implementing health and safety measures for the continued safety of our community.

Below are “GENERAL” policies and procedures NHPA II will be following. We have formed these specific guidelines with the CDC and state of Texas regulations to keep our students, staff, and families safe during this time.

1. Masks will be required for all students and parents waiting in the Lobby. Masks will be optional for dancers in the dance rooms.
2. Teachers will be enforcing extra washing or sanitizing hands throughout class time.
3. Dancers need to come to the studio dressed for class to avoid using the bathrooms to change clothes.

Masks will be REQUIRED for both dancers and parents waiting in the Lobby. Masks will be OPTIONAL inside the dance rooms. Continued mask updates will be evaluated if the threat level gets high in our area. As always, we ask that you please keep your children home if they or anyone in the family is feeling sick. **If you or anyone in the family has been exposed to someone with COVID-19, we ask that you notify the teachers immediately.** We must continue to do our individual daily health check to keep this virus from spreading in the community and spreading at the studio.

Daily Health Check before arriving to NHPA II...

1. Have you tested positive for COVID-19 in the past 7 days?
2. Have you had a new or worsening cough within the last 7 days?
3. Have you had difficulty breathing or shortness of breath within the last 7 days?
4. Have you had a sore throat within the last 7 days?
5. Have you lost the senses of taste or smell within the last 7 days?
6. Have you experienced headaches, body aches, chills, or fatigue within the last 7 days?
7. Have you experienced abdominal pain, nausea/vomiting, or diarrhea within the last 7 days?
8. Within the last 7 days, have you come in contact with a person with a confirmed or suspected case of COVID-19?
9. Do you feel feverish or do you have a body temperature greater than 100.4 F

Protocols:

1. If your dancer has COVID-19 symptoms or tests positive for COVID-19, please notify us at info@nhpa2dance.com so we can determine if there has been exposure to other students and notify them accordingly.
2. Get a PCR test or rapid antigen test to confirm symptoms. Stay home while you wait on results and take class online via Zoom.
3. If PCR or rapid test is positive, PLEASE stay home!
4. Dancers can return back to NHPA II after 5 days if the dancer has no symptoms OR their symptoms are resolved after 5 days.
5. If your dancer has a fever or still has other symptoms after day 5, continue to keep them home until their fever and other symptoms resolve.
6. If PCR test is negative, dancers may return to NHPA II.

We appreciate your continued support to NHPA II and for implementing these important safety guidelines as we dance our way into NHPA II's 18th season. -The Teachers